

Homemade Sunscreen

3/4 cup coconut, olive or avocado oil

3 tablespoons beeswax

3/4 cup water, rose water, or herbal tea – room temperature or slightly warmer

Essential oil for fragrance (optional)

2 tablespoons zinc oxide

Cocoa powder for tint (optional)

Grate beeswax and melt with oil over double boiler.

Put 1 cup of flavored water in food processor and after beeswax-oil mixture has cooled for two minutes, add the oil into the water by emulsifying.

When finished emulsifying, essential oil can be added if desired. Then add the 2 tablespoons of zinc.

If tinted sunscreen is desired, add cocoa powder by adding ½ teaspoon increments until you reach desired color.

Can store at room temperature, but for longer preservation, keep in the refrigerator.

